



Young Living Essential Oils

Young Living Essential Oils is the world's leader in essential oils, aromatherapy products, and wellness solutions.

[Young Living Essential Oils](#) was founded in 1994, after Founder and CEO D. Gary Young discovered the remarkable benefits of essential oils. He wanted to share nature's powerful solutions with the world. Knowing that the chemically altered and adulterated oils that were commercially available at the time were often ineffective and had the potential to cause health problems, Gary created his first organic herb farm and distillery in Spokane, Washington in 1990. Shortly thereafter, he developed more farmland in Utah and Idaho, where he began cultivating many herbs like lavender, peppermint, melissa and clary sage.

While establishing his own farms, he traveled the world to study essential oils and oil distillation techniques from leading experts in the field. Throughout his travels, he discovered large discrepancies in essential oil quality. Gary developed the proprietary process now known as Seed to Seal®, a painstaking production process that guarantees that every bottle of Young Living essential oil is the purest, most effective available. Seed to Seal controls every step of the production process, from the premium seeds that are planted and painstakingly cultivated, to the botanicals that are harvested according to precise specifications, to using cutting-edge distilling technology to gently extract the precious essential oils, to using rigorous internal and external laboratory testing to ensure the highest possible quality, to finally sealing the oils in UV-protective glass bottles and shipping them around the world.

Due to the growing demand for the pure essential oils ensured by the Seed to Seal process, the company continued to expand. Young Living recently designed and built in Highland Flats, Idaho, the largest and most technologically advanced distillery for the production of essential oils in North America. Headquartered in Lehi, Utah, the company has since grown to have farms all over the world, as well as offices in Australia, Canada, Japan, Europe, Singapore, and elsewhere.

Essential Oils have ability to improve one's mental, physical, emotional and spiritual wellbeing. They can relieve stress and help you sleep better at night. The **essential oils produced by Gary Young** are extracted from seeds using a careful steam distillation process and through cold pressing. They are much more powerful and effective than dry herbs, as they deliver fast, effective results. Essential Oils can be diffused, inhaled, applied topically, incorporated into massage, or taken internally.

Here are some of the many ways you can benefit from Gary Young's pure essential oils:

- **Spiritual** – Essential oils have been used in religious ceremonies for thousands of years to help elevate the mind and unlock hidden emotions. Essential oils provide natural aromatherapy that can enhance your spiritual practices and make you feel relaxed and spiritually empowered.
- **Mental** – The strong properties of essential oils are formulated to help you relieve stress and feel one with your body and mind. Essential oils help you feel relaxed, discover your potential, release old habits, and restore your mental energy.
- **Emotional** – Essential oils can directly access and affect your brain's limbic region, which is the center of emotion and memory. Essential oils produce a positive emotional state and create a relaxed environment.
- **Physical** – Essential oils help you cleanse your body, regain lost energy, and restore balance to help you feel your best.

Because of Gary Young's enduring commitment and hard work, **Young Living has inspired millions** of people all over the world to transform themselves with essential oils.

